



Healing Art

Program Information and Application

The Healing Art Program at Art League Houston (ALH) is accepting new students!

The Healing Art Program provides high-quality art instruction in a variety of media to adults, 18 and older, in the Houston community living with chronic physical illnesses and/or physical disabilities in a fun, supportive, community-minded environment. The program emphasizes collaboration and community-building through artist-led workshops and art-making projects.

Classes meet weekly on Fridays, with morning and afternoon sessions available during the fall and spring semester and are free of charge. Participants are asked to commit to attending all classes.

Please note that this is not an art therapy program; this is an art education program that provides practical skills to develop as artists, as well as provides insight into the art world through studio art classes, guest speakers, site visits, and exhibition opportunities, as well as provides a space for healing and community-building. Participants will not only learn about art, but about themselves and each other.

Healing Art Program is facilitated by professional Teaching Artists and does not have clinicians or therapists on staff. Therefore, the Healing Art Program does not have the expertise or capacity to adequately serve adults living with mental health issues, intellectual, or developmental disabilities.

The Healing Art Program is committed to creating a safe space for individuals who are diverse in age, gender identity, race/ethnicity, perspectives, and/or sexual orientation.

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COVID 19 - Classes meet at ALH (1953 Montrose Blvd.) . Due to the current pandemic, Healing Art will also offer an online option for the coming semester. This is to ensure the safety of all participants and staff.

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IDEAL HEALING ART PARTICIPANT:

- Individuals living with a chronic physical illness and/or physical disability.
- Individuals who would benefit financially from receiving free weekly art classes and supplies;

- During the extent of the pandemic, Individuals should have access to a device to access Zoom (phone, tablet, or computer) and an internet connection;
- Individuals should have reliable means of transportation to ALH each Friday, as well as occasional site-visits around Houston (participants will be dropped from the program if they miss or are 30+ minutes late for a maximum of three classes per fall/spring, not including any medical issues that arise);
- Individuals who are dedicated, committed, and have a proven track record of being dependable and punctual;
- Individuals should have an interest in learning more about developing as an artist – no prior art background necessary;
- Individuals should embrace a flexible attitude with openness to exploring new ideas and perspectives;
- Individuals who are open to collaboration and sharing;

Art League Houston Healing Art Policies

Attendance:

- Excluding days when a student may be too ill to attend class, Art League Houston does expect its Healing Art students to attend regularly.
- A student missing more than three (3) classes during the fall or spring session may be dropped from the program. Late arrival past 30 minutes will be considered an absence.
- Students should not attend when ill, even with a mild cold. Students who are ill should contact their instructor at Art League Houston to let them know they will not be in class that day.

Participation

- The Healing Art program is not a “drop-by” painting lab. Students are expected to arrive at the beginning of class (9:30 a.m. or 1:00 pm) and stay for the full duration of the class.
- This program is limited to Healing Art students. Unless approved by Art League Houston staff, students are strictly prohibited from bringing visitors to class, including but not limited to friends, children, grandchildren, etc.

Healing Art Code of Conduct Policies + Procedures

- Art League Houston’s students in the Art League School, the Healing Art program, and other programs are, by and large, courteous and respectful of instructors, volunteers, other students, and the Art League Houston staff. However, Art League Houston does reserve the right to refuse enrollment in any program to individuals with a history of unacceptable behavior.
- Art League reserves the right to remove a student from any programs, including the Healing Art program, for inappropriate behavior, including but not limited to disruptive and disrespectful actions towards any person associated with Art League Houston.

Definitions + Types of Disruptive, Disrespectful, and Discriminatory Actions

- In a healing art class setting, behaviors that are considered disruptive, disrespectful, and discriminatory can vary, and it's essential to maintain a safe and inclusive environment. Here is a detailed list of example behaviors that may fall into these categories:

Disruptive Behaviors:

- Excessive Noise: Playing excessively loud music or videos during class time without explicit instructor permission and class consensus. Students are always encouraged to use headphones at a respectful volume for personal devices. Intentionally talking loudly during class and attempting to disrupt the concentration of others.
- Electronic Distractions: Using electronic devices in a way that distracts others (e.g., playing games, browsing social media).
- Failure to Follow Instructions: Ignoring or consistently disregarding the instructor's guidance.

Disrespectful Behaviors:

- Insensitive Language: Use of offensive or inappropriate language towards instructors, peers, or the subject matter.
- Disregard for Others' Space: Invading personal space without permission: Touching or handling others' artwork without permission.
- Mocking or Ridiculing: Making fun of others' artistic expressions or personal experiences.
- Interrupting Others: Frequently interrupting classmates or the instructor during discussions.
- Refusal to Collaborate: Resisting group activities and refusing to collaborate with peers.

Discriminatory Behaviors:

- Bias and Prejudice: Expressing discriminatory comments or attitudes based on race, gender, sexual orientation, disability, or other protected characteristics.
- Microaggressions: Making subtle, indirect, or unintentional comments that marginalize or offend others.
- Exclusionary Behavior: Purposefully excluding certain individuals from group activities or discussions.
- Stereotyping: Using stereotypes or generalizations that perpetuate bias.
- Failure to Acknowledge Diversity: Disregarding the diverse experiences and backgrounds of classmates.

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APPLICATION PROCESS

The Healing Art Application requires the completion of 2 forms:

Healing Art Application Form - The Healing Art applicant must complete this form. If you have received assistance in completing the form, please list the preparer at the end of the application.

Healing Art Nomination Form - Applicants to this program must have a healthcare provider or community health organization provide a recommendation. The form, available on the Healing Art webpage, must be completed by the healthcare provider or community health organization.

Interviews - After applications have been reviewed, applicants will have an informal interview with Healing Art Teaching Artists and program staff to discuss their interest in the program. Applicants who meet all ideal participant criteria (as listed above) will be invited to join the Healing Art Program.

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QUESTIONS?

Contact Rian Crane
ALH Community Engagement Manager
rian@artleaguehouston.org

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DEADLINE FOR 2024-25 APPLICATIONS - Wednesday, December 13th, 2023.

Form 1 of 2: Healing Art Participant Application Form

This form should be completed by the applicant. Please refer any questions to Rian Crane at 713.523.9530 or rian@artleaguehouston.org.

CONTACT INFORMATION
Applicant Name:
Address:
Email Address:
Phone Number:
Alternate Contact Info:
SCHEDULING

Participants are required to attend each class. Classes are held weekly each Friday from either 9:30 AM – 12:00 PM or 1:00 PM - 3:30 PM. Would you be able to fully commit to attending classes?

YES NO (circle one)

If selected, which class session would you prefer?

Friday Morning - 9:30 AM - 12:30 PM

Friday Afternoon - 1:00 PM - 3:30 PM

(circle one)

(All efforts will be made to accommodate scheduling preferences, but are not guaranteed.)

ACCESSIBILITY QUESTIONS

Classes are currently taking place via Zoom meetings. Do you have access to a device that can be used to access Zoom (phone, tablet, or computer)?

YES NO (circle one)

Classes will return to in-person sessions held at Art League Houston (1953 Montrose Blvd., Houston, TX 77006) this fall and online students will need to come to the building for materials pick up, etc.. Do you have access to a reliable source of transportation?

YES NO (circle one)

Art League Houston is an accessible space, but is always looking to improve. Do you require any specific accommodations?

What is your mobility level?

Are you able to work independently in a classroom setting? Are you comfortable communicating your needs to your instructor?

PROGRAM QUESTIONS

Have you participated in Healing Art before:

YES NO (circle one)

If yes, why did you leave the program?

How did you hear about Healing Art?

Why are you an ideal candidate for the Healing Art program?

Do you consider yourself more self-motivated or better in a group dynamic?
Please explain.

What is your current art skill level? (All levels are accepted for informational purposes only.)

What mediums, if any, do you have prior experience in using?

What art skills are you interested in developing?

Are there areas in which you would like to challenge yourself artistically?

Is there anything else you would like us to know about you?

Thank you for your interest in the Healing Art Program! We will contact you soon!

Applicant Signature

Date

Preparer's Signature

Date

Printed applications can be submitted by mail to:

Art League Houston | 1953 Montrose Blvd., Houston, TX 77006

Or scanned and emailed to: **rian@artleaguehouston.org**

Form 2 of 2: Healing Art Nomination Form

PROGRAM INFORMATION:

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RECOMMENDATION FORM:

In an effort to build a long-term community that provides ample support, the Healing Art Program has a multi-step application process to ensure not only that the applicant will work well within the program but also that the program will be able to serve and benefit the applicant.

This form asks a healthcare provider or a representative of a community health organization who knows the applicant to recommend them for the Healing Art Program with an understanding of the program's scope as well as limitations. Art League Houston staff would like to follow up with the form submission, but will never ask for confidential patient or client information.

QUESTIONS?

Contact Rian Crane

ALH Community Engagement Manager

rian@artleaguehouston.org

This form should be completed by the applicant's healthcare provider or a representative of a community health organization.

Recommender's Name:
Recommender's Position Title:

Affiliated Organization(s):

Email Address:

Phone Number:

Client's Name:

How long have you known the applicant and in what capacity?

Why do you feel this applicant is an ideal candidate for the Healing Art program?

Participants are required to attend each class. Classes are held weekly each Friday with either morning or afternoon sessions which will be assigned upon acceptance. Do you feel they would be able to fully commit?

Classes are currently hybrid and held in-person and via Zoom. Program communication is primarily via email. Do you know if this applicant has access to an internet connection and device (phone, tablet, or computer)?

Classes will return to in-person sessions held at Art League Houston (1953 Montrose Blvd., Houston, TX 77006) this fall and online students will need to come to the building for materials pick up, etc.. Do you know if the applicant has access to a reliable source of transportation?

Is the applicant able to work independently in a classroom setting? Is the applicant comfortable communicating needs to an instructor?

Is there anything else we should be aware of?

Art League Houston staff would like to contact you to briefly discuss your recommendation. Would you prefer phone or email?

Thank you for your time and assistance!

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Nominator Signature

Date

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